

## Why Do Drunks Drink – or, How Did I Get Pickled?

*the medical, psychological, biological, social, and vocational aspects of alcohol addiction and relapse*  
OPEN WORKSHOP presented by AA District 11, Northern Virginia

April 29, 2017

9:00 am – 1:00 pm

Location: St. Luke's Episcopal meeting room, 8009 Fort Hunt Rd, Alexandria, VA 22308  
(HANDICAPPED ACCESSIBLE)

### \* \* \* \* \* AGENDA \* \* \* \* \*

9:00 – 9:25	Set Up, Check In & Fellowship	All
9:25 – 9:35	Introductory Remarks for Workshop and 1 <sup>st</sup> Session	Moderator
9:35 – 10:30	Neurobiology and the Addict	Dr. K.
10:30 – 10:35	Introductory Remarks for 2 <sup>nd</sup> Session	Moderator
10:35 – 11:30	Psychological Model of Addiction	Brian G. (27 yrs sober)
11:30 – 11:35	Introductory Remarks for 3 <sup>rd</sup> Session	Moderator
11:35 – 12:25	Step by Step Process of Physical Detox from Alcohol	Alexandria Mill Rd Detox
12:25 – 12:35	Wrap Up & Adjourn	Moderator
12:35 – 1:00	Clean Up & Sign up for Materials Presented	All

### NOTES -->

- THIS IS AN **OPEN WORKSHOP** – all are welcome, *whether you are a member of Alcoholics Anonymous or not*
- Speakers will set up as needed during Introductory Remarks
- For copies of material presented, you can ***sign up after the workshop and these will be EMAILED to you***
- We will have a table with AA literature
- Coffee, tea, bottled water, and *food that can be eaten without utensils* will be provided
- We need folks to help set up chairs and/or put chairs away